



STANDARD OPERATING PROCEDURES FOR PROVIDING EMOTIONAL SUPPORT TO LEARNERS, TEACHERS AND NON-TEACHING STAFF AT ST MARTIN'S PRE-PRIMARY SCHOOL

- A functional School Based Support Team run by trained counsellor, Barbara Daniel, will be available to all learners, teachers and non-teaching staff.
- Regular assessments by Barbara Daniel and teachers will be conducted in order to identify learners/teachers/non-teaching staff who may require emotional support.
- Consultations will be made available in order to alleviate anxieties/fears.
- In addition to on-site therapy, identified health professionals who support the school may be contacted in need.
- The South African Depression and Anxiety Group (SADAG) can be contacted for free remote counselling on the following helpline **0800567567**.